

Taking DUKORAL[®] before your trip

DUKORAL[®]



To help prevent diarrhea caused by heat-labile toxin-producing enterotoxigenic *E. coli* (LT-EPEC)[†]

Store in the refrigerator at 2°C to 8°C (35°F to 46°F) – DO NOT FREEZE

IF YOU ARE TAKING DUKORAL[®] FOR THE FIRST TIME:



FIRST DOSE

at least 2 weeks before your departure



SECOND DOSE

at least 1 week after the first dose and at least 1 week before your departure. Do not take your 1st and 2nd dose more than 6 weeks apart. If more than 6 weeks have elapsed between the 1st and 2nd dose, the primary immunization should be restarted.



TRIP

Protection starts 1 week after the 2nd dose and lasts for about 3 months

Date: _____

Date: _____

IF YOU HAVE TAKEN DUKORAL[®] BEFORE AND ARE TRAVELLING AGAIN:

- If it has been less than 5 years, a single dose renews your protection
- If it has been more than 5 years, 2 doses are needed again

WHAT YOU NEED:



Spoon



Glass of water (150 mL/ approx. 5 oz)

Contents of box



White sachet of powder



DUKORAL[®] vaccine vial (glass vial)

STORAGE AND STABILITY



STORE IN THE REFRIGERATOR at 2°C to 8°C (35°F to 46°F)

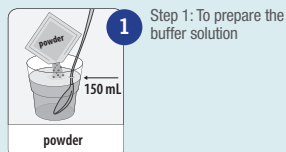
DO NOT FREEZE

Do not use after expiry date.
DIN 02247208

HOW TO PREPARE DUKORAL[®]



Do not eat, drink any other liquids (including water) or take any other medication 1 hour before and 1 hour after taking DUKORAL[®]

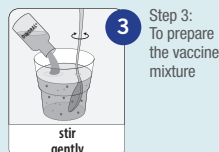


Open the white sachet containing the effervescent powder (sodium hydrogen carbonate) and pour its contents into 150 mL (approx. 5 oz) of cool water. Stir gently with spoon to dissolve. Use only cool water to prepare the buffer solution. Do not use any other liquid. For kids aged 2–6 years, pour away half of the prepared buffer solution before proceeding to Step 2 (keep 75 mL, approx. 2.5 oz).



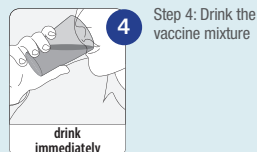
Step 2: Shake the DUKORAL[®] vaccine vial

Shake the DUKORAL[®] vaccine vial to mix it well (1 vial = 1 dose).



Step 3: To prepare the vaccine mixture

Open the DUKORAL[®] vaccine vial from Step 2 and pour its contents into the glass of prepared buffer solution from Step 1. Stir gently with spoon to mix all ingredients.



Drink the entire contents of the glass immediately, as it should be consumed within 2 hours of its preparation. If not consumed immediately, keep at room temperature.

Do not eat or drink anything, including water, for 1 hour after taking DUKORAL[®].

For a video demonstration and additional information, please visit DukoralCanada.com



Taking DUKORAL[®] before your trip

To help prevent diarrhea caused by cholera

Store in the refrigerator at 2°C to 8°C (35°F to 46°F) – DO NOT FREEZE

ADULT OR CHILD 6 YEARS OR OLDER TAKING DUKORAL[®] FOR THE FIRST TIME:



FIRST DOSE

at least 2 weeks
before your departure

Date: _____



SECOND DOSE

at least 1 week **after the first dose** and at least 1 week before your departure. **Do not take your 1st and 2nd dose more than 6 weeks apart.** If more than 6 weeks have elapsed between the 1st and 2nd dose, the primary immunization should be restarted.

Date: _____



TRIP

Protection starts 1 week
after the 2nd dose and lasts for
about 2 years

CHILD BETWEEN 2 AND 6 YEARS OLD TAKING DUKORAL[®] FOR THE FIRST TIME:

- FIRST DOSE at least 3 weeks before your departure
- SECOND DOSE at least 1 week after the first dose
- THIRD DOSE at least 1 week after the second dose and at least 1 week before your departure.
If more than 6 weeks elapse between any of the doses, the primary immunization should be restarted.
- Protection starts 1 week after the 3rd dose and lasts for **about 6 months**

ADULT OR CHILD 6 YEARS OR OLDER WHO HAS TAKEN DUKORAL[®] BEFORE AND IS TRAVELLING AGAIN:

- If it has been between 2 and 5 years, a single dose renews your protection
- If it has been more than 5 years, 2 doses are needed again

CHILD BETWEEN 2 AND 6 YEARS OLD WHO HAS TAKEN DUKORAL[®] BEFORE AND IS TRAVELLING AGAIN:

- If it has been between 6 months and 5 years, a single dose renews your protection
- If it has been more than 5 years, 3 doses are needed again

Please see other side for instructions on how to prepare DUKORAL[®].
For a video demonstration and additional information,
please visit DukoralCanada.com.



DUKORAL[®] is an oral vaccine that is used to help prevent diarrhea caused by cholera and a particular strain of bacteria producing a heat-sensitive toxin (called heat-labile toxin producing enterotoxigenic *Escherichia coli* [or LT-producing ETEC]).

It is used to help protect people who are travelling to an area where there is a risk of diarrhea caused by cholera and/or LT-producing ETEC. This vaccine may be given to adults and children 2 years of age and older.

DUKORAL[®] does not treat diarrhea caused by cholera or enterotoxigenic *E. coli* once it develops. Not everyone who gets vaccinated will be fully protected. DUKORAL[®] will not prevent diarrhea caused by other organisms. Therefore, precautions to avoid contaminated food or water should be taken. Allergic reactions and side effects such as abdominal pain, diarrhea, fever, nausea and vomiting may occur.